

Lactation Support Resources

Mid-Willamette Valley and Coastal Areas

Lactation classes & groups

Lactation Basics Virtual Prenatal Class
Samaritan Health Services
First Tuesday of the month, 6 p.m. to 8 p.m.

Info & registration

<https://samhealth.org/series/lactation-infant-feeding-basics>

Go with the Flow Lactation Support Group
Saturdays 1:30 p.m. to 3 p.m.

Good Samaritan Regional Medical Center
Corvallis- Use ER entrance

<https://samhealth.org/event/lactation-support-group>

For more information: 541-768-5244

Corvallis Birth Center

Thursdays 10:30 a.m. to 11:30 a.m.

2314 NW Kings Blvd. Suite A, Corvallis, OR
Call Corvallis Birth Center for more information: 541-816-3008

West Valley Hospital

Wednesdays (except holidays)

10 a.m. to 11:30 a.m.

525 SE Washington Street, Front entrance
Dallas, OR

WIC Breastfeeding Circle in Albany

Every Third Monday, 1:30 p.m. to 3 p.m.

2730 Pacific Blvd SE, Suite 200, Albany, OR
541-967-388

Lactation support clinics & appointments

Benton County

Good Samaritan Lactation Outpatient
3600 NW Samaritan Drive, Corvallis, OR
541-768-5153

Corvallis Birth Center

2314 NW Kings Blvd Suite A, Corvallis, OR
541-816-3008

Benton County WIC

530 NW 27th Street, Corvallis, OR
541-766-6835

Bright Star Lactation

Home lactation visits
1435 NW Greenwood Place, Corvallis, OR
541-205-9187

Nest and Nurture Lactation

1873 NW Kings Blvd, Suite A, Corvallis, OR
541-525-3174 Lincoln County

Lincoln County

Lincoln County WIC

Newport 541-265-4163
Lincoln City 541-265-0578

Lincoln County Maternal Child Health

Nurse and lactation support home visits
Serves all of Lincoln County
541-265-0457

Samaritan Pacific Communities Hospital

930 SW Abbey St., Newport, OR
541-265-2244

Linn County:

Samaritan Albany General Hospital and Mid-Valley Children's Clinic

541-812-5111

Samaritan Lebanon Community Hospital

525 N Santiam Hwy, Lebanon, OR
541-451-7136

Linn County WIC

2730 Pacific Blvd SE, Suite 200, Albany, OR
541-967-3888

Lactation telephone support (call appointment line if urgent)

Good Samaritan Regional Medical Center, Lactation Support Line – 541-768-5244
Samaritan Lebanon Community Hospital, Lactation Support Line – 541-451-7588
Samaritan Albany General Hospital, Lactation Support Line – 541-812-5116
Samaritan North Lincoln Hospital, Lactation Support Line – 541-996-717

Donor breast milk & pumps

Northwest Mothers Milk Bank - donatemilk.org

To purchase milk or become a milk donor, call 503-469-0955

Good Samaritan Donor Milk Depot

3600 NW Samaritan Drive, Corvallis, OR
NWMB donors can drop-off milk donations, call 541-768-5153

Breast Pumps

Contact an IBCLC, your pregnancy provider, your insurance for coverage or
Norco Medical Supplies at 541-451-6364

Additional support:

Doula Resources

Birth, postpartum and lactation support (many insurances pay)
<https://www.communitydoulaprogram.org/> OR <https://www.midvalleydoulas.net/>

The Infant Risk Center & Mommy Meds App

Questions & resources about medications and breastfeeding: call 1-806-352-2519
<https://www.infantrisk.com/>

Pollywog Breastfeeding Resources

<https://pollywogfamily.org/resources/pregnancy-and-childbirth/>

Family Spirit Home Visiting Program - Federally recognized tribes, Native Hawaiians & Alaskans

<https://ctsi.nsn.us/home-visiting/>

Benton County Health Department Resources for Breastfeeding Parents - English & Español

<https://health.bentoncountyor.gov/wic/breastfeeding/>

Family Connects - Home visit nurse feeding support <https://www.familyconnectsoregon.org/>

La Leche League Willamette Valley - Peer breastfeeding support Call 971-301-2120 or email

lalecheleaguewv@gmail.com or <https://www.facebook.com/groups/lllwillamettevalley>

Linn-Benton-Lincoln Breastfeeding Coalition www.lblbreastfeedingcoalition.org

Latina Breastfeeding Coalition <https://www.facebook.com/latinabreastfeedingcoalition/>

Oregon Inter-Tribal Breastfeeding Coalition <https://oitbcdotorg.wordpress.com/contact-others/>

Black Mother's Breastfeeding Association <http://blackmothersbreastfeeding.org>