

2025-26 Didactic Calendar - Orthopedic Physical Therapy

Week of	Journal Club (Thurs: 12:30 - 1 PM)		Ortho RC (Wednesday: 12-1 PM)		Friday Mentor		Week of	Surgeon / Physican / Special Topics Round Tables	
	Topic	Presenter	Topic	Presenter	Topic	Presenter		Topic	Presenter
2-Jun-25	Exercise Prescription Principles	Rachel	Clinic Tech Overview/BFR	Josh/Ortho Faculty	**Onboarding: SHS Librarian Review**		2-Jun-25		
9-Jun-25			Lumbar/Thoracic Spine: Exam/Eval Lab	Faculty			9-Jun-25		
16-Jun-25	Lumbar Spine - Intervention	George	Off		Exam/Special Test Review		16-Jun-25		
23-Jun-25			Lumbar / Thoracic Spine: Manual Lab	Faculty	Current Concepts Reading Review		23-Jun-25		
30-Jun-25	HOLIDAY						30-Jun-25		
7-Jul-25	HVLAT	Jeremy	Lumbar/SIJ: Interventions/Progressions Lab	Faculty	Manual Skills Practice		7-Jul-25		
14-Jul-25			Lumbar Spine CPG Review	Jeremy	Resident Choice		14-Jul-25		
21-Jul-25	SIJ - Intervention	Parwana	Pilates Lab	Parwana	Case Study Review		21-Jul-25		
28-Jul-25			Chronic Pain/Biopsychosocial	Guest			28-Jul-25	ACL Graft Selection & Post-Op Considerations	Dr. McCrum
4-Aug-25	Cervical Spine - OA	George	Cervical Spine: Exam/Eval Lab	Faculty			4-Aug-25		
11-Aug-25			Cervical Surgeries	Jeremy	Exam/Special Test Review		11-Aug-25		
18-Aug-25	Cervicogenic Headache	Andrew	Cervical Spine: Manual Lab	Faculty	Current Concepts Reading Review		18-Aug-25		
25-Aug-25			Cervical Spine CPG Review	George	Manual Skills Practice		25-Aug-25	Diagnostic Ultrasound Utilization	Dr. Vu / Dr. A. Ryan
1-Sep-25	Whiplash	Marissa	T-Spine/SIJ/Pelvic Floor Lab	Faculty	Resident Choice		1-Sep-25		
8-Sep-25			Cervical: Interventions/Progressions Lab	Faculty	Case Study Review		8-Sep-25		
15-Sep-25	Current JOSPT / IJSPT	George	Q1 Faculty Meeting				15-Sep-25		
22-Sep-25			Knee: Exam/Eval Lab	Faculty			22-Sep-25	Bony vs soft tissue GH stabilization sx	Dr. McCrum
29-Sep-25	Knee: OA	Jeremy	TKA	Baum	Exam/Special Test Review		29-Sep-25		
6-Oct-25			Meniscal CPG Highlights	Faculty	Current Concepts Reading Review		6-Oct-25		
13-Oct-25	Knee: Special Population	Parwana	Knee: Manual Lab	Faculty			13-Oct-25		
20-Oct-25			Ligament CPG Highlights	George	Manual Skills Practice		20-Oct-25	Surgical Management of RTC Pathology	Dr. Hansen
27-Oct-25	TKA	George	Knee Protocol Reivew/TKA CPG Reivew	Faculty	Resident Choice		27-Oct-25		
3-Nov-25			Knee: Interventions/Progressions Lab	Faculty	Case Study Review		3-Nov-25		
10-Nov-25			Injections	Lenhof			10-Nov-25	PRP in the Management of Soft Tissue Injury	Dr. Phillips / Dr. Vu
17-Nov-25	Shoulder - OA	Andrew	Shoulder: Exam/Eval Lab	Faculty			17-Nov-25		
24-Nov-25			Shoudler Arthroplasties	Miersch/Donovan W	Exam/Special Test Review		24-Nov-25		
1-Dec-25	Shoulder - MDI/RTC	Marissa	Pshychology in the Clinic/Resiliancy	Will M	Current Concepts Reading Review		1-Dec-25		
8-Dec-25			Shoulder: Manual Lab	Faculty	Manual Skills Practice		8-Dec-25	Surgical Management of Hip FAI	Dr. McCrum
15-Dec-25	Shoulder - Intervention	George	Shoulder Protocol Review	Ortho Faculty	Resident Choice		15-Dec-25		
22-Dec-25	HOLIDAY						22-Dec-25		
29-Dec-25	HOLIDAY						29-Dec-25		
5-Jan-26	Hip OA	Jeremy	Shoulder: Interventions/Progressions Lab	Faculty	Case Study Review		5-Jan-26	Sx Management of Ankle Instability	Dr. Lin
12-Jan-26			THA	Baum/Tedesco	WRITTEN EXAM 1/Q2 Faculty Meeting		12-Jan-26		
19-Jan-26	Hip Intervention	Parwana	Hip: Exam/Eval Lab	Faculty			19-Jan-26		
26-Jan-26			Hip: Manual Lab	Faculty	Exam/Special Test Review		26-Jan-26		
2-Feb-26	Hip Special Populations	George	Osteoarthritis Overview	Faculty	Current Concepts Reading Review		2-Feb-26		
9-Feb-26	CSM						9-Feb-26		
16-Feb-26	Case Study: Presentation	George	Hip: Interventions/Progressions Lab	Faculty	Manual Skills Practice		16-Feb-26		
23-Feb-26			Plantar Fascitis (CPG)	Faculty	Resident Choice		23-Feb-26		
2-Mar-26	Ankle OA	Andrew	Foot/Ankle: Exam/Eval Lab	Faculty			2-Mar-26		
9-Mar-26			Ankle Instability (CPG)	Ortho Faculty	Exam/Special Test Review		9-Mar-26		
16-Mar-26	Ankle Intervention	Marissa	Foot/Ankle: Manual Lab	Faculty	Current Concepts Reading Review		16-Mar-26		
23-Mar-26			Q3 Faculty Meeting				23-Mar-26		
30-Mar-26	Return to Run Programming	George	Achilles (CPG)	Ortho Faculty	Resident Choice		30-Mar-26		
6-Apr-26			Foot/Ankle: Interventions/Progressions Lab	Faculty	Lumbar Spine CPG Review		6-Apr-26		
13-Apr-26	CTS	Jeremy	Lumbar Surgeries	Ghacham/Guest	Cervical Spine CPG Review		13-Apr-26	Sx Management of Elbow UCL Injury	Dr. Mierisch
20-Apr-26			Elbow/Wrist/Hand: Exam/Eval Lab	Faculty			20-Apr-26		
27-Apr-26	Epicondylitis	Parwana			Exam/Special Test Review		27-Apr-26	Hand & Wrist Biomechanics	Dr. Cooley / Jonathan
4-May-26			Elbow/Wrist/Hand: Manual Lab	Faculty	Current Concepts Reading Review		4-May-26		
11-May-26	Elbow - Special Population	George	TMJ Intervention	Guest	Manual Skills Practice		11-May-26		
18-May-26			Epicondylitis/CTS Intervention	David R	Resident Choice		18-May-26		
25-May-26	TMJ - Intervention	Andrew	Elbow/Wrist/Hand: Interventions/Progressions Lab	Faculty	WRITTEN EXAM 2		25-May-26		
			COMMUNITY PROJECT/PRESENTATION						